

BHEC Steering Committee Meeting

Meeting Minutes

February 10, 2022

Facilitated by: Iliana Soto-Welty, Community Co-Chair and Deana Helmy, County Co-Chair

In Attendance: Lu Pham; McCleese, Belinda; Whetsell, Brittany; Arnot; Michael; Renteria, Teresa; Thornton, April; Eftekhazadeh, Sohail; Reynolds, John; Gibbs, Danny; Hudson, Jenny; Hutchins, Brad; Banicki, Wendy; Ngo, Hannah;

I. Welcome and Icebreaker

- County Co-Chair Deana Helmy opened the meeting.
- Special Guest Jenny Hudson attended meeting. Members shared introductions and welcomes.
- Jenny gave a brief introduction to the Community Engagement meetings.
- No revisions to minutes and are approved by members.
- April Thornton presents her reflection on Black History Month, along with a video.

II. Business

- Cultural Competence Plan Update – members asked to review the plan. Next month we will review the plan and share goals and ideas for the upcoming year.
- Teresa shared that the CCPU meetings are already taking place and they are working on identifying responsible parties.
- Group Agreements were sent out with changes made that were mentioned in the last meeting.
- Calendar for upcoming meetings will be sent out – members were asked for suggestions for the public meeting topics.
- Michael suggested bringing the topic of goals to the public, Belinda suggested focusing on the topic of trauma in various cultures.

III. Community Engagement Meetings

- Jenny Hudson shared that the group is at the end of their 2 year plan, so coming up there will be planning meetings for the new plan.
- Jenny shared what is reviewed during meetings, as well as survey information regarding access to mental health services.
- Jenny opened up feedback for the slides presented and mentioned she would be sending out the PowerPoint for review as well.
- Michael expressed his concerns with community involvement and Co-chairs expressed that the workgroups are an opportunity to engage community members.

IV. Discussion on Lived Experience

- Belinda and Sohail led a discussion and PowerPoint regarding the benefits of sharing stories of lived experiences.
- Belinda shared that sharing personal experience helps keep our goals in mind, as well as promote hope.
- Sohail suggested sharing stories in workgroups, and that the workgroup leaders can ask for volunteers to share.
- Teresa and Michael both expressed that the story sharing is a great idea and keeps our work personal.
- Deana also expressed the need for story sharing to make our work real, and to give people a voice and opportunity for connection.

V. Announcements

- Teresa shared that the equity task force has expressed interest in the workgroup leads and members,
- There will be an email follow up with further announcements, with pdf of Jenny's slides, as well as information about the open community seat.